

To our Families and Friends,

I hope this letter reaches you in good health. At this time our facility has been COVID-19 free for the past several weeks. We have recently obtained approval from the Department of Health for our residents to have visitors. Visitation however, is under strict rules and we ask for everyone's cooperation during this phase. We will explain our measures to visitors prior to seeing your loved one. This brings us great joy as we recognize that everyone misses each other.

All visits must be scheduled and unfortunately, we must limit the visits to a 30-minute time. We can accommodate visits in our main lobby and outdoor patio only. Visitors must complete a health and travel questions form as well as have temperature checks

Two visitors may attend at each thirty minute session, everyone must remain 6ft apart and mask must be worn at all times-please refrain from hugging. Visit areas will be clearly marked and sanitized in between each visit. Please call our main number (585) 798-4100 to schedule a visit.

Respectfully,

Amanda Luckman

Attachment 8

Orchard Rehab and Nursing Center Visitors Expectations Fact Sheet

Visitors must present a verified negative test result within the last week (7 calendar days) and visitation must be
refused if the individual(s) fail to present such negative test results, exhibit any COVID-19 symptoms or do not pass
screening questions. A copy of each visitors test results will be maintained for reference and validation.

Special Considerations:

- Facilities that had already resumed visitation under previous guidance may allow visitation without the presentation of a verified negative test result for a transition period until September 24, 2020.
- End of life and compassionate care visits are not subject to a verified negative test result but are subject to all other COVID-19 screening requirements
- Visitors are screened for signs and symptoms of COVID-19 prior to resident access and visitation will be refused if the individual(s) exhibits any COVID-19 symptoms or do not pass the screening questions.
- Screening shall consist of both temperature checks and asking screening questions to assess potential exposure to COVID-19 which shall include questions regarding international travel or travel to other states designated under the Commissioner's travel advisory.
- Documentation must include the following for each visitor to the nursing home: first and last name of the visitor; physical (street) address of the visitor; daytime and evening telephone number; date and time of visit; and email address, if available.
- Limited visitation, including, but not limited to, family members, loved ones, representatives from the long-term care ombudsman program (LTCOP).
- No more than 10 percent (10%) of the residents shall have visitors at any one time and only two visitors will be allowed per resident at any one time.
- At this time, visitation is strictly prohibited in resident rooms or care areas with the exception of parents and immediate family members visiting a bed bound resident or end of life.
- Visitation should be limited to outdoor areas, weather permitting. Under certain limited circumstances, as defined by the facility, visitation can be inside, in a well-ventilated space with no more than 10 individuals who are appropriately socially distanced and wearing a facemask or face covering while in the presence of others.
- Visitors under the age of 18 are allowed but must be accompanied by an adult 18 years of age or older.
- **Visitors must wear a face mask or face covering** which covers both the nose and mouth at all times when on the premises of the NH/ACF's.
- Visitors must maintain social distancing, except when assisting with wheelchair mobility.
- Facilities will provide alcohol-based hand rub, consisting of at least 60 percent (60%) alcohol, to residents, visitors and representatives of the long-term care ombudsman prior to visiting the residents. Rub hands together using friction.
- Visitation hours are by appointment only. A copy of the NH's/ACF's formal visitation plan is posted on the website and broadcasted via email.
- The staff is required to monitor the visitation process. If any visitor fails to adhere to the protocol, he/she/they will be prohibited from visiting for the duration of the COVID-19 state declared public health emergency.

Orchard Rehabilitation and Nursing Center

COVID-19: Screening Checklist for Visitors and Employees

On March 13, 2020, CMS and CDC updated guidance on restricting all SNF visitors and non-essential healthcare personnel, except for certain compassionate care situations, such as end-of-life. ALL individuals (staff, other healthcare workers, family, visitors, government officials) entering the building must be asked the following questions every eight (8) hours:

| 1. | Has this individual washed their hands or used alcohol-based hand rub (ABHR) on entry? |
|-----|---|
| | ☐ YES ☐ NO – please ask them to do so |
| 2. | Have you traveled internationally to a CDC restricted country* or a hot spot state* within the last 14 days? |
| | ☐ YES ☐ NO |
| | If YES, restrict from entering the building. |
| 3. | Have you been in close contact with any individuals who traveled internationally to a CDC restricted country* in the last 14 days? |
| | ☐ YES ☐ NO |
| | If YES, restrict from entering the building. |
| 4. | Ask the individual if they have any of the following respiratory or other symptoms? |
| | Fever Muscle Pain (Myalgias) |
| | Sore throat Shortness of breath or difficulty breathing |
| | ☐ Chills ☐ New loss of taste or smell |
| | Cough Headache |
| | □ Nausea □ Diarrhea |
| | □ Vomiting |
| | If YES to any, restrict them from entering the building. If NO to all, proceed to question #3A. |
| 4A. | Check temperature and document results |
| | : (recorded temp) Fever present? (100.0 or higher) |
| | |
| | If YES, restrict from entering the building. If NO, proceed to 3B. |
| 4B. | For employees, ask if they have: |
| | Worked in facilities with recognized COVID-19 cases? |
| | If YES, ask if they worked with person with confirmed COVID-19? |
| | ☐ YES □ NO |
| | If YES, require them to wear PPE including mask, gloves and gown before any contact with residents and proceed to step 4. |
| | If NO, proceed to step 4. |
| 5. | Allow entry to building and remind the individual to: |
| | Wash their hands or use Alcohol Based Hand Rub throughout their time in the building. |
| | Not shake hands with, touch or hug individuals during their visit. |
| | Employees must have mask and wear within 6 feet of resident |
| | Visitors that are permitted for compassionate care situations must wear a facemask while in the building and restrict their visit to |
| Sio | the resident's room or other location designated by the facility. Date: Date: 9/15/2020 |
| | <u></u> |
| | CDC RESTRICTED COUNTRIES** Australia, Brazil, Canada, Chile, China, Europe (Schengen Area): Austria, Belgium, Czech Republic, nmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Polar |
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Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland, Monaco, San Marino, Vatican City, Iran, Ireland, Israel, Japan, Malaysia, Pakistan, South Korea, Thailand, Turkey, United Kingdom: England, Scotland, Wales, and Northern Ireland

HOT SPOT STATE Alabama, Alaska, Arkansas, Delaware, Florida, Georgia, Guam, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Minnesota, Mississippi, Missouri, Montana, Nebraska, North Carolina, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, Utah, Virginia, West Virginia, Wisconsin